

Stitch Up! suturing course 2023

Dr Victoria Vilenchik – delegate report

As a first-year dermatology registrar with prior suturing experience, I recently attended the BSDS “Stitch Up” course. The course was immensely helpful for me as it allowed me to expand my suturing techniques beyond those that I am confident with in my daily practice.

This course provides essential knowledge and practical skills that are crucial for beginners in the field. During the course, attendees have the unique opportunity to learn basic and some advanced suturing techniques from esteemed dermatology surgeons. Under the guidance of these experienced surgeons, participants can enhance their proficiency and confidence in handling complex suturing scenarios.

The course goes beyond practical training and includes informative lectures on surgery complications and consent considerations. In our medicolegal environment, staying informed about potential complications and understanding the requisite consent procedures are paramount. By addressing these topics, the course ensures that participants are well-prepared to navigate the challenges that may arise in their practice.

By attending the BSDS Stitch Up course, beginning dermatology registrars can lay a robust foundation in suturing techniques, gain exposure to advanced methods, and acquire vital knowledge on complications and consent.