

BSDS Stitch Up course – 13th July 2022

Eman Butt – Delegate Report

I have watched skin surgery and different techniques used from afar, but always lacked the confidence to actually practice this. The 'Stitch Up' Course was the perfect day to build my knowledge and skillset through the educational lectures and practical workshops. Being able to practice different suturing techniques with BSDS faculty and specialist skin surgeons in the workshops was an amazing opportunity. Also, suturing on pig skin with similar equipment used in skin surgery meant it simulated real life really well. The learning environment was extremely supportive and learning with other suturing enthusiasts meant the day was filled with continuous learning. The lectures also taught me important considerations in skin surgery such as skin preparation and patient consent. Since learning these skills on the course, I now have an adequate foundation to be able to develop my suturing skills. The manual is also very well-written and easy to follow, and something I will refer back to as I continue to practice my skin surgery technique. I would like to thank the team for giving me the opportunity to be able to attend on the BSDS scholarship. I would highly recommend this course to anyone interested in dermatology or skin surgery, and who is keen to learn new skills in a highly motivating environment. If you are thinking of going on this course, go for it as you will not regret it!